

Stockport SAB & SCP COVID-19 EBulletin



**Stockport Safeguarding Adults Board (SSAB)
Stockport Safeguarding Children Partnership (SSCP) update for
information**

July 2020 – Issue 10

This weekend marked the 72nd birthday of our NHS and this year has shown everyone just how essential the NHS is. Like so many others we have joined with our neighbours and took part in the Thursday Clap for Carers where we applauded all who work in the care sector. We marked the occasions by displaying pictures of rainbows in our windows, lighting our windows in a show of remembrance and conducted a minutes silence to remember those who have died during the pandemic.

It cannot be underestimated just how essential NHS staff and care workers have been during this time and though they certainly deserve much more than warm words and gestures, we would like to extend our thanks and gratitude to all NHS staff and Carers in Stockport who have worked tirelessly and selflessly to help our residents get through the pandemic.

Once again, we want to take this opportunity in thanking each of you for your continuous efforts during such uncertain times. Please do remember to look after yourselves. Keep safe and stay alert

Heaton Norris Community Centre

Heaton Norris community Centre have created a [poster](#) that is currently being printed ready to be dropped into Stockport residents houses, that the community centre are finding difficult to reach. The format is visual and although the layout is not in other languages to meet the needs of those that may not read English, the Community centre are doing some door to door work to address that and are working with key people in the community to identify isolated residents.

Heaton Norris Community Centre are happy for you to share this through your networks.

The Community Centre will soon announce an update of when they expect the community centre to reopen. They anticipate in the next few weeks.



Success Stories

Lancashire Hill Aid group are raising community spirits with bread deliveries, shopping support and 'brain stimulating' packs.

A grant from Stockport Local Fund has meant more care packs could be donated to those needing extra help.

If you have stories that you are proud of and wish to share then we want to hear about it.

Stockport Local Fund
is supporting great ideas
that make a difference
during Covid-19



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Signpost for Carers have provided two real life case scenarios that they have recently been involved in. The case studies below give opportunity to reflect and learn from good examples of practice.



Case Study - 1

Covid risk assessment completed by Young Carers Family Worker (FW) with a parent who has long term mental health issues and 3 children. The family have been accessing our support for over 3 years. Mum explained her anxiety was out of control, she could not leave the house and she was having suicidal thoughts. FW spoke to the children and they expressed they were worried about Mum and what would happen to them if she went into hospital. With Mum's permission FW made a referral into the MASSH. Social worker (SW, Early Help Hub) was allocated and a support plan was agreed with Mum. Plan included SW contacting the GP for a medication review and monitoring from psychiatrist. Health visiting team contacted and a referral into the parenting team. FW in the short term to contact Mum over the weekends to offer emotional support and check mood etc. Food delivered as and when needed. 2 children providing care receiving emotional support from Signpost group workers and accessing our online activities.

Outcome: The situation eased, Mum mood stabilised, with ongoing support provided GP. SW stepped down. Young Carers Project continuing to monitor on a weekly basis.

Case Study - 2

A referral from a primary school for a 6 year old child was received just before lockdown. Child caring for Mum with physical and mental health conditions. Child late most days as Mum finds it difficult to get up in the mornings and has poor mobility. Child supporting Mum around personal care, e.g. washing Mum's hair when in the bath as Mum cannot lift her arms fully. Mum reliant on oxygen in the night, which disrupts sleep.

Grandparents help with daily care, and supporting their Granddaughter with a break at weekends. Assessments with both parent and child showed that Young Child (YC) becoming frustrated with Mum's health, having regular anger outbursts at home. Child's frustration around Mum not being able to get out and when activities planned, Mum cancelling last minute due to health. Team Around the Child (TAC) was arranged to encourage Mum to accept additional support as YC taking on responsibilities inappropriate to their age.

TAC did not go ahead due to lock down. Family assessed as high risk. CV-19 risk assessment completed first week by Signpost Young Carers. Mum openly said she was not coping, usually she would catch up on sleep while YC was at school, but now YC was with her all day.

Grandparents not able to help other than dropping shopping off due to restrictions. YC becoming agitated as both were shielding and Mum was relying on her more and more. Mum agreed for Signpost for Carers (SFC) to make referrals into Children and Adult Social Care and liaise with school. School offered place for child 2 days a week, with a view of extending, Mum expressed concerns about this, however, understood a break would be beneficial for both of them. School Age Plus worker was allocated, supporting Mum around managing her illness and how this impacts on her parenting. Together they have been exploring positive activities and strategies to help Mum spend quality time with her YC and manage her behaviour within the home.

Outcome: Adult Social Care offered direct payments enabling Mum to employ her own carer. Carer to support with daily care and also in the mornings to support getting YC to school on time.

Good communication continues between ourselves and SAP and Adult SW. Once restrictions have been eased YC to access full support and respite from Signpost Young Carers.

Suicide

These times are especially difficult for some members of our community. It is important that people who are having suicidal thoughts get the help they need. We would encourage you all to watch / do the [Suicide Let's Talk 20 minute training](#), which will equip you to spot possible signs and have difficult conversations with people who might be thinking about taking their own lives.

If a person is at **immediate risk of harm to themselves or others** and need help from a mental health professional then you/they should **contact 999** or go the **nearest hospital A&E department** and ask to see a mental health worker.

If they are **not at immediate risk**, advise them to make an appointment with their GP practice. GP practices in Stockport are open, but they may have changed the way people can get an appointment.

[Shining a Light on Suicide](#) provides support for people feeling suicidal, bereaved by suicide or supporting somebody feeling suicidal.

They can also contact [Samaritans](#) - Tel: 116 123 (free to call) / Email: jo@samaritans.org (response time to email 24hrs) Samaritans offer emotional support 24 hours a day.

[Papyrus HOPELINEUK](#) – Tel: 0800 068 4141/ Text: 07860039967 / Email pat@papyrus-uk.org

HOPELINEUK is a confidential suicide prevention helpline service for young people, open 9am-10pm weekdays, 2pm-10pm weekends and 2pm-10pm bank holidays. For anyone thinking about suicide or for anyone concerned about a young person.

Suicide fears soar in LGBT community

There has been a significant rise during lockdown in the UK in the number of LGBT people seeking suicide-prevention support.

Support group LGBT Hero reports 11,000 people have accessed its suicide-prevention web pages - up over 44% on the first three months of the year. For more details [click here](#).



Safeguarding Adult Reviews (SARS)

The recent introduction of the Care Act Easements, due to CV-19, has not changed statutory duties in relation to adult safeguarding.

It is important that you continue to raise safeguarding concerns in-line with the standard SSAB policy and procedure. Safeguarding Adult referrals also remain unchanged and referrals can be sent by email to: lsb@stockport.gov.uk

The three statutory partners will continue to undertake threshold screening upon receipt of a SAR referral. They will decide based on the information received whether to initiate a SAR panel. If the decision is to initiate then the panel will happen by conference call. If the panel agrees that a SAR referral meets the criteria, the review will be placed on hold until the current pressures of CV-19 have started to improve.

The Safeguarding Adult Board understands the current situation, recognises pressures providers are under with CV-19, and appreciates the hard work and dedication that organisations provide to our residents every single day.

Child Safeguarding Practice Reviews

Below sets out the local process for notifications and rapid reviews.

Child Safeguarding Practice Reviews – The duty to notify all serious child-safeguarding incidents within the current timescales of 5 working days remains in place.

Rapid Reviews – It is acknowledged that not all Rapid Reviews may be achieved within the current timescales of 15 days.

It is expected that all partners should make decisions locally on how quickly a rapid review could be undertaken. However, it is advised that where there is a child death or serious injury in the context of neglect, abuse or where Covid-19 is a strongly related factor, a review should be held.

Within Stockport, the current process for referring and initiating a Rapid Review remains the same. The Virtual Panel will screen all referrals and if a decision is taken to progress a review, this will be done virtually. For more information, please [click here](#).

All referrals should be sent by email to lsb@stockport.gov.uk

Covid-19 Support line for Black, Asian and Minority Ethnic (BAME) Communities

NESTAC is a charity that specialises in the provision of cross-culture emotional support. The charity have set up a Covid-19 support line for BAME Communities to provide counselling and emotional support to BAME families affected by the Covid-19 pandemic during and after the lockdown period. This is a Greater Manchester wide service.



Please see their [website](#) with information on how to contact the charity and what support is available.

SEND e-Learning

An e-Learning training course can now be accessed via [Learning Pool](#) and is mandatory for all of Stockport Family and Education services (in the same way as Data Protection, Autism Awareness and Prevent is). This course is aimed at anyone who works with children and young people aged 0-25 years of age.

The training will provide existing SEND professionals and those who are new to SEND with a high level of knowledge and insight into SEND, thus creating a well-informed, joint support network of Children and Young People (CYP) with SEND.

The SEND e-Learning can also be accessed by parent carers and anyone interested in developing their knowledge in SEND via the [Local Offer](#) so please share with your families.

Share your news

We are particularly interested in collecting and highlighted good news stories, successes and new Innovative ways of working. If you would like us to highlight any of these or other work from your agency or organisation please contact us on the email address provided: lsb@stockport.gov.uk

The Stockport SAB /SCP Covid 19 bulletin will be published on a fortnightly basis.

Key Contacts

If you believe a person to be at immediate risk of harm or in need of emergency medical attention, call the emergency services on **999**.

If you are worried about a child at risk call **Children's Social Care** on **0161 217 6028**.

If you are worried about an **Adult At Risk** please call **0161 217 6029**. Out of Hours **0161 718 2118**.

<http://www.safeguardingadultsinstockport.org.uk/>

<http://www.safeguardingchildreninstockport.org.uk/>



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Stockport Safeguarding Children and Adult Partnerships
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