

# Stockport SAB & SCP COVID-19 EBulletin



Stockport Safeguarding Adults Board (SSAB)  
Stockport Safeguarding Children Partnership (SSCP) update for  
information

May 2020 – Issue 4



Welcome to Stockport's Children and Adult's Safeguarding Partnerships special edition COVID-19 Newsletter (May 2020). Please share as widely as possible with your colleagues and throughout your networks.

COVID-19 is impacting all areas of life at a global level and the impact on all of us is a constantly changing landscape.

We have also seen road signs of thanks to NHS & key workers painted on the A6 near Stepping Hill Hospital and outside Stockport Town Hall with key messages thanking all key workers.

Many of you will be right at the heart of this crisis, directly treating people with Coronavirus, or supporting those who do. Whatever your role, we applaud you all and say thank you for everything you are doing to keep Stockport safe.



## NSPCC campaign toolkit

With children having to spend more time at home, there is a hidden group of children potentially at risk of abuse or neglect who are having much less interaction with statutory services.

The government is supporting the NSPCC to run a month of promotion to raise awareness of their service. In this difficult time, it's vital that the public knows this support is available and that in turn this leads to more people contacting the helpline.

The NSPCC will be running TV, radio, social media and video on demand advertising until the end of May to carry the message out far and wide.

Details of how to promote the campaign can be [found here](#).

NSPCC have produced an [audio file](#) for sharing wider also.

## COVID-19 Webpages

Please view our COVID-19 Webpages to see our regularly updated help and guidance during this time. A number of useful resources are available for both professionals and the general public with information and guidance.

[Stockport Children Safeguarding Partnership](#)

[Stockport Safeguarding Adults Board](#)

## Multi-Agency Training

Stockport SSCP/SSAB has suspended all multi-agency face to face-training, however, we have updated links to online training opportunities. These may be useful if you have been working from home or wish to extend your professional development. On-line training can be accessed via the Stockport Learning Pool Link: Click [here to view](#)

Alternatively via the Children Safeguarding Partnerships [Website](#)

## Emotional well-being services

Here is a reminder of three new emotional health, wellbeing and mental health services, which are available to residents of Stockport. Please share wider within your networks to promote the services on offer.

- The Big White Wall - [www.bigwhitewall.com/](http://www.bigwhitewall.com/), which offers 24/7 anonymous support via a digital emotional wellbeing and mental health service, offers peer support for anyone over the age of 16 as well as support from trained clinicians alongside a range of helpful tools and resources. To access this, if you are a Stockport resident register by using your own

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postcode. If you are a member of staff living outside Stockport, you can still access the Big White Wall but will need to use the civic complex postcode of SK1 3XE;

- The establishment of the new 24/7 mental health helpline and (currently virtual) safe haven for anyone over the age of 18 in Stockport (**0800 138 7276**), commissioned by Stockport NHS CCG and provided by the charity Making Space;
- An Emotional Wellbeing Hub which provides information, advice, and guidance for anyone up to the age of 25 for emotional wellbeing and mental health concerns. Access to this is through the Multi-Agency Safeguarding and Support Hub (MASSH) - **0161 217 6028** - 8.30am-5pm Mon - Thurs 8.30am-4.30pm on Friday.

### Kooth

Kooth, the online counselling and emotional well-being platform for children and young people aged 11 to 18 years has been available in Bolton, Manchester, Oldham, Trafford Rochdale and Wigan for some time.

It's now available in Bury, Salford, Tameside and Stockport. This expansion was brought forward in response to the COVID-19 outbreak.

To find out more visit <https://hub.gmhsc.org.uk/mental-health/kooth/>

To sign up to use Kooth, go to [www.kooth.com](http://www.kooth.com).

### SHOUT

GMCA's new SHOUT service is a confidential, 24/7 **text service** for people aged 16+, for who may be struggling with issues such as anxiety, depression, suicidal thoughts, abuse or assault, self-harm, bullying or relationship issues. In Stockport, SHOUT is contactable 24/7 by texting **GMStockport** to **85258**

### Local News

During difficult times people will join together at a time in need. Below you can see some examples of the true community spirit taking place within our local neighbourhoods.



Stepping Hill Hospital has been inundated with donations from residents and local businesses. Washable face masks were made by a resident who kindly donated to their local GP to aid in the assistance PPE provision. We all applaud you. [#StayHomeSaveLives](https://twitter.com/StayHomeSaveLives)



### Self-Care

We want you to look after yourself during this very difficult time. There are lots of resources available if you feel you are struggling or need some support with your own emotional wellbeing:

[MIND](#): Mental Health Support with specific advice on 'Coronavirus and your wellbeing'.

[Samaritans](#): also has useful resources: or you can call 116 123

### Dates for the Diary and Social Media

- Dementia Action Week 11-18 May 2020
- Mental Health Awareness Week 18-25 May 2020
- School Diversity Week 22-26 June 2020
- NSPCC Campaign throughout May 2020

Please take the time to look at the [Calendar of Events 2020](#).

The calendar is for people and organisations to use for planning throughout 2020-21.

### Coronavirus (COVID-19) Government Advice

- Stay at home
- Only go outside for food, health reasons/ or work (but only if you cannot work from home)
- You can exercise outside once a day
- Stay 2 metres (6ft) away from other people
- Wash your hands as soon as you get home
- Do not meet others, even friends or family.

You can spread the virus even if you don't have symptoms.

### Key Contacts

For future weekly bulletins we are looking for your contributions to help inform future editions of the weekly bulletin.

If you have information to share then please get in touch with the Safeguarding unit on the email address provided: [lsb@stockport.gov.uk](mailto:lsb@stockport.gov.uk)

<http://www.safeguardingadultsinstockport.org.uk/>

<http://www.safeguardingchildreninstockport.org.uk/>

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[@StockportSCB](#)

If you believe a person to be at immediate risk of harm or in need of emergency medical attention call the emergency services on **999**.

If you are worried about a child at risk call **Children's Social Care** on **0161 217 6028**.

If you are worried about an **Adult At Risk** please call **0161 217 6029**. Out of Hours **0161 718 2118**.

**Stockport Safeguarding Children and Adult Partnerships**  
**STAY SAFE. STAY WELL**