










Stockport Safeguarding Adults and Children's Partnership Events Calendar 2020

The purpose of this Diversity and Events Calendar is to bring together key religious dates, awareness raising days, including safeguarding awareness raising days, local events (where the dates have been released) and dates that recognise or celebrate diversity. This is a useful tool to assist in ensuring that planned events don't clash with religious dates and that important awareness raising days are observed and planned for.

All awareness raising days within the calendar contain a clickable link to further information.

If you have any events or dates that you would like to be considered for inclusion in the 2020 calendar please contact Lee.Woolfe@stockport.gov.uk

Symbols used for religious dates

Baha'i -  Buddhism -  Christianity -  Hinduism -  Islam -  Judaism -  Sikhism - 

Notes

Religious dates with a * next to them are subject to change, as the dates are set locally Religious dates with a

** next to them usually begin at sundown the day before this date.

January

Dry January

Challenges you to go alcohol free for 31 days and aims to raise awareness of the effects of alcohol. Alcohol is the UK's biggest risk factor for death, ill-health and disability for people aged 15-49.

Alcohol Concern
Promoting health;
Improving lives

Being a young carer can have a big impact on the things that are important to growing up

- It can affect a young person's health, social life and self-confidence.
- Many young carers struggle to juggle their education and caring which can cause pressure and stress.
- In a survey, 39% said that nobody in their school was aware of their caring role.
- 26% have been bullied at school because of their caring role.
- 1 in 20 miss school because of their caring role.

But young people can learn lots of useful skills by being a young carer.

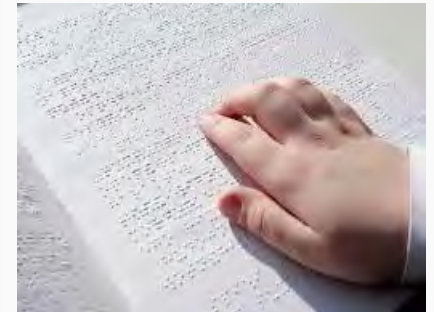


30th January

Young Carers Awareness Day

4th January

World Braille Day



Braille is a tactile reading and writing system used by blind and visually impaired people who cannot access print materials. It uses raised dots to represent the letters of the print alphabet. It also includes symbols to represent punctuation, mathematics and scientific characters, music, computer notation and foreign languages.

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Bank Holiday New Year's Day	2	3 World Braille Day 2020	4 Braille Day
5 Twelfth Night 	6	7	8	9	10	11 National Obesity Awareness Week
12	13 Maghi 	14 Pongal 	15	16	17	18 Week of prayer for Christian Unity 
19 World Religion Day 	20 Blue Monday Sugar Awareness Week	21	22 Cervical Cancer Prevention Week	23	24	25 Chinese New Year
26 Holocaust Memorial Day	27 National Story Telling Week	28 Data Privacy Day	29	30 Young Carers Awareness Day	31	

February

Heart Month

Every February the British Heart foundation celebrates Heart Month, they encouraged everyone to make small changes towards a healthier lifestyle, including healthy eating, staying active, reducing alcohol intake and coping with stress.



Raynaud's Awareness Month

February is Raynaud's Awareness Month in which they aim to highlight Raynaud's and the work of the RSA by asking you to "LOVEyourGLOVES!" February is statistically the coldest month of the year and it is vital to wrap up warm and protect your extremities. Raynaud's Phenomenon is a condition thought to affect up to ten million people in the UK and it can be incredibly painful. With Raynaud's, the small blood vessels in the extremities are over-sensitive to changes in temperature, which can cause a Raynaud's attack.



STOP HATE UK
0800 138 1625
24 HOUR HELP LINE

Stop **Hate** UK offer independent and confidential **Hate** Crime reporting services in Stockport whether you are a victim of **Hate** Crime, you have witnessed incident you believe to be a **Hate** Crime or you are a third party to an incident that could be a **Hate** Crime.

To **report a hate crime** go to <https://www.stophateuk.org/talk-to-us/>





HATE CRIME.
TOGETHER
WE CAN END IT.

#WeStandTogether

LET'S END
HATE CRIME.

LetsEndHateCrime.com

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Dignity Action Day Raynauds Awareness Month
2 Candlemas ✝	3 GM Hate Crime Awareness Week Sexual Abuse & Violence Awareness Week National Apprenticeships Week	4 World Cancer Day	5	6 Time to Talk Day International Day of Zero Tolerance for Female Genital Mutilation	7	8
9	10	11 Safer internet day	12	13	14 Valentine's Day	15 Nirvana Day 
16	17 OCD Week of Action	18 International Childhood Cancer Day	19	20 World Day of Social Justice	21 International Mother Language Day	22 Maha Shivaratri  World Thinking Day World Encephalitis Day
23	24 Fairtrade Fortnight	25 Shrove Tuesday	26 Ash Wednesday ✝	27	28	29 Rare Diseases Day

March

Prostate Cancer Awareness Month

In the UK, about one in eight men will get prostate cancer at some point in their lives. Prostate Cancer UK is the largest men's health charity and they aim to help more men survive prostate cancer and enjoy a better quality of life, so the aim in March is to raise awareness and invite the public to join the fight against prostate cancer by fundraising, campaigning and donating.



Women's History Month


A time to reflect on progress made, to call for change and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities.

Ovarian Cancer Awareness Month

Ovarian cancer is a disease that can disrupt the normal function of the ovaries. If it's left unchecked, it can affect other parts of the body too. When a woman is diagnosed at the earliest stage, her chance of surviving ovarian cancer for five years or more doubles from just 46 per cent to more than 90 per cent.



March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>St David's Day</p> <p>Self- Injury Awareness Day</p>	<p>2</p> <p>Eating Disorders Awareness Week</p>	<p>3</p> <p>Endometriosis Awareness Week</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>British Science Week</p>	<p>7</p>
<p>8</p> <p>International Women's Day</p>	<p>9</p> <p>Commonwealth Day</p> <p>Purim </p>	<p>10</p> <p>Holi </p>	<p>11</p>	<p>12</p> <p>World Book Day</p> <p>No Smoking Day</p>	<p>13</p> <p>No Smoking Day</p> <p>World Sleep Day</p>	<p>14</p> <p>Mothering Sunday</p>
<p>15</p>	<p>16</p> <p>Nutrition and Hydration Week</p> <p>Brain Awareness Week</p> <p>Shakespeare Week</p>	<p>17</p> <p>St Patrick's Day</p>	<p>18</p> <p>National CSE Awareness Day</p>	<p>19</p>	<p>20</p> <p>First Day of Spring</p> <p>World Oral Health Day</p> <p>International Day of Happiness</p>	<p>21</p> <p>Laylat al Miraj </p> <p>International Day for the Elimination of Racial Discrimination</p> <p>World Down Syndrome Day</p>
<p>22</p> <p>World Water Day</p>	<p>23</p>	<p>24</p> <p>World Tuberculosis Day</p>	<p>25</p>	<p>26</p> <p>Epilepsy Awareness Purple Day</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>British Summer Time Begins</p>	<p>30</p> <p>World Autism Awareness Week</p>	<p>31</p>				

April

Stress Awareness Month

During Stress Awareness Month, people across the country will join forces to increase public awareness about both the causes and cures for our modern stress epidemic

World Autism Month

World Autism Month is filled with autism-friendly events and educational activities to increase understanding and acceptance, and to foster worldwide support.



Bowel Cancer Awareness Month

For 26 years, Bowel Cancer UK has aimed to save lives and improve the quality of life for all those affected by bowel cancer. Bowel cancer screening saves lives but at the moment in some areas of the UK only a third of those who receive a test in the post complete it. Thousands of people are missing out on the best way to detect bowel cancer early when it is easier to treat and there is the greatest chance of survival. Screening can detect bowel cancer early before any symptoms appear, when it is easier to treat. It can also prevent bowel cancer from developing in the first place by picking up non-cancerous growths (polyps) which could become cancerous in the future.

Bowel cancer is the UK's second biggest cancer killer but it is treatable and curable especially if diagnosed early. Nearly everyone diagnosed at the earliest stage will survive bowel cancer however, this drops significantly as the disease develops. Taking part in bowel cancer screening is the best way to get diagnosed early and early diagnosis saves lives.



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Stress Awareness Month	2 Rama Navami 	3 Walk to Work Day	4
5 Walk to Work Day	6 International Day of Sport for Development and Peace	7 World Health Day	8	9	10 Good Friday †	11 World Parkinson's Day
12 Easter Sunday †	13 Easter Monday † Baisakhi  Vaisakh 	14	15	16	17 World Haemophilia Day	18
19	20 Yom HaShoah  MS Awareness Week	21 Lailat al Bara'ah 	22 Earth Day Experience of Care Week	23 European Immunisations Week	24 On Your Feet Britain Ramadan begins 	25 Allergy Awareness Week World Malaria Day
26	27	28 World Day for Health & Safety at Work	29	30		

May

Make May Purple/ Action on Stroke Month

"Make May Purple" is the Stroke Association's annual stroke awareness month, taking place every May. Individuals show their support for those who have been affected by stroke and help to raise awareness and essential funds for the Stroke Association. Join #MakeMayPurple on social media.



Action on
Stroke Month is
coming in May

Local and Community History Month

The aim of the month is to increase awareness of local history, promote history in general to the local community and encourage all members of the community to participate.

Activities happen across the UK and include trips, library exhibitions and local lectures. It is a great way for groups to highlight local history and for local people to get involved.


National Walking Month

National Walking Month encourages people to walk more throughout May. Initiatives include, Walk to Work Week and Walk to School Week.



May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 National Walking Month	2
3	4 VE Day Bank Holiday Sun Awareness Week National Fitness Day	5 Global Hand Hygiene Day Europe Day World Asthma Day International Day of the Midwife	6 Deaf Awareness Week Viral Meningitis Awareness Week	7	8 May Bank Holiday	9 World Fairtrade Day
10 World Lupus Day	11 Dying Matters Week Dementia Action Week Foster Care Fortnight Dementia Action Week	12 ME Awareness Day	13	14 Arthritis Care Awareness Week Visakha Puja (Buddha Day)	15 National Epilepsy Week International Day of Families	16
17 National Children's Day International Day Against Homophobia, Biphobia and Transphobia	18 Mental Health Awareness Week World Aids Vaccines Day International Museums Day	19 Laylat al Qadr  World Day for Cultural Diversity for Dialogue and Development https://worldibdday.org/	20 Lag Ba'Ome  Action for Brain Injury Awareness Week	21 Ascension of Jesus  Walk to School Week World Meditation Day	22	23

<p>24</p> <p>Eid al Fitr </p>	<p>25</p> <p>Spring Bank Holiday International Missing Children's Day</p> <p>International Missing Children's Day</p>	<p>26</p>	<p>27</p>	<p>28</p> <p><u>World Hunger Day</u></p>	<p>29</p> <p><u>World Digestive Health Day</u></p>	<p>30</p> <p>World MS Day</p> <hr/> <p>Sunday 31</p>
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June

Scleroderma Awareness Month

Scleroderma is a rare, chronic disease of the immune system, blood vessels and connective tissue. 2.5 million people worldwide have scleroderma, and in the UK there are 12,000 people diagnosed. It is an autoimmune condition, meaning the immune system becomes overactive and attacks healthy tissue in the body. It is a severe condition and can be fatal. This year Scleroderma & Raynaud's UK (SRUK) are increasing awareness of Scleroderma and the need for earlier diagnosis of the condition. There are 3 indicators of scleroderma:

- Raynaud's phenomenon
- Sore swollen fingers or aching joints
- Reflux or heartburn.

SANDS Awareness Month

June is Sands Awareness Month, when we all work hard to increase awareness of stillbirth and neonatal death and the everlasting impact experienced when a precious baby dies during pregnancy, at birth or shortly afterwards. While many more people are aware of the pain of baby loss because of the work of Sands and other organisations, many people still have no idea and it remains a taboo subject.





School Diversity Week

22-26 June 2020

School Diversity Week is the national celebration of LGBT+ equality in education.



June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Volunteers Week International Children's Day Bike to School Week Child Safety Week	2	3	4 International Day of Innocent Children Victims of Aggression	5 World Environment Day	6 Bike Week
7 Cancer Survivors Day Tourette's Awareness Day British Heart Week	8 Carers Week World Oceans Day	9	10 Cervical Screening Awareness Week	11 Scleroderma Awareness Week	12	13
14 Father's Day Guru Arjan Martyrdom  World Blood Donor Day Diabetes Awareness Week	15 Mens Health Week World Elder Abuse Day Festival of Learning / Adults Learners Week Refugee Week National Bug Busting Day	16 Ramayana Week 	17	18 Autistic Pride Day	19 World Sickle Cell Day	20 World Refugee Day National Breastfeeding Week
21 World Humanist Day MND Awareness Day	22 National School Diversity Week Children's Hospice Week	23 International Widows Day International Women in Engineering Day	24 Deaf Blind Awareness Week	25	26 International Day against drug abuse and illicit trafficking International Day in Support of Victims of Torture	27
28	29	30				



World Hepatitis Day

28 July 2020

World Hepatitis Day takes place every year on 28 July bringing the world together under a single theme to raise awareness of the global burden of viral hepatitis and to influence real change.



Group B Strep Support Awareness Month

July is Group B Strep Awareness Month and charity Group B Strep Support is asking everyone to raise awareness during the month, using the hashtag #GBSaware.

Group B Strep is the most common cause of life-threatening infection in newborn babies in the UK, and the most common cause of meningitis in babies under age 3 months, the number of these infections are rising. Currently:

- 2 babies a day develop group B Strep infection
- 1 baby a week dies from group B Strep infection
- 1 baby a week recovers from group B Strep infection with disability

Shockingly, between 2000 and 2014 there has been an increase of more than 50% in babies developing group B Strep infection in the UK and Republic of Ireland. And, while fewer babies have died from their group B Strep infection, more survivors have disability at discharge.



WORKING
TO **STOP**
GBS INFECTION
IN BABIES.

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 International Day of Co-operatives	7	8	9 Martyrdom of the Bab ☀️	10	11 World Population Day
12 Learning Disability Week	13	14	15 World Day for International Justice World Youth Skills Day	16	17	18
19	20	21	22	23	24 The Big Listen – Samaritans Awareness Day	25
26	27	28 World Hepatitis Day	29	30 World Friendship Day World Day in Trafficking	31 Eid al-Adha 🌙	

August



Manchester Pride – The Big Weekend

28th – 31st August 2020

Manchester Pride is a registered charity that campaigns for equality and challenges discrimination; creates opportunity for engagement and participation and celebrates lesbian, gay, bisexual and transgender (LGBT) life. The charity fundraises for LGBT and HIV projects in Greater Manchester by staging a number of events throughout the year, including the award winning Manchester Pride Festival.



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 World Breastfeeding Week
2	3	4	5	6	7	8 Cycle to Work Day
9	10	11	12 International Youth Day	13 International Left Handers Awareness Day	14	15
16	17	18	19 World Humanitarian Day	20	21	22
23	24	25	26	27	28 Manchester Pride Weekend	29 Tisha B'Av  Ashura 
30 International Day of the Disappeared	31 Bank Holiday					

September

World Alzheimer's Month

World Alzheimer's Month is the international campaign by Alzheimer's Disease International (ADI) every September to raise awareness and challenge the stigma that surrounds dementia.

2 out of every 3 people globally believe there is little or no understanding of dementia in their countries. The impact of World Alzheimer's Month is growing, but the stigmatisation and misinformation that surrounds dementia remains a global problem that requires global action.



Childhood Cancer Awareness Month

Every day at least 10 children and young people get the news they have cancer.

Each September Childhood Cancer Awareness Month helps highlight the impact of cancer on young people and their family. This, in turn, helps us to protect more and more children and improve the lives of young cancer patients through our ground breaking research.



Urology Awareness Month

It is estimated that 1 in 2 of us will be affected by a urology condition in our lifetime. Our urology health is vital to our quality of life. But diseases and cancers of the kidneys, bladder, prostate and the male reproductive system are becoming more prevalent and devastating the lives of millions of men, women and children in the UK. The Urology Foundation is spreading knowledge of urology health, breaking down the stigma associated with many of its conditions and persuading people to talk about these issues.



September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Reye's Syndrome Awareness Month Sickle Cell Disease Awareness Month	2	3 Organ Donation Week	4	5 International Day of Charity
6 National Read a Book Day Migraine Awareness Week	7	8 International Literacy Day	9 Know Your Numbers Week Foetal Alcohol Spectrum	10 World Suicide Prevention Day	11	12
13 World Sepsis Day Roald Dahl Day National Eczema Week	14 Jean for Genes Day	15 World Lymphoma Day Pension Awareness Day	16	17 Sexual Health Week	18 Rosh Hashanah 	19
20	21 International Day of Peace World Alzheimer's Day International Week of Happiness at Work	22	23 National Eye Health Week National Recycling Week	24	25 International Ataxia Awareness Day World's Biggest Coffee Morning	26
27 World Tourism Day Yom Kippur 	28 International Day for Universal Access to Information	29 World Heart Day	30			

October

Lupus Awareness Month

Lupus Awareness Month takes place during October in the UK every year. It is an important opportunity to raise awareness of the disease amongst the public and medical profession as well as improving the understanding of the impact that lupus can have. Lupus is an autoimmune disease that can affect anyone. 90% of cases are female and it is often invisible.



Breast Cancer Awareness Month

Breast cancer is the most common cancer in the UK, one person is diagnosed every 10 minutes. 1 in 8 women in the UK will develop breast cancer in their lifetime. This Breast Cancer Awareness Month around 5,000 people will be diagnosed. Breast cancer survival is improving and has doubled in the last forty years in the UK. Almost nine in 10 women survive breast cancer for five years or more. Knowing the signs and symptoms of breast cancer can lead to diagnosing the cancer sooner. This can be crucial in providing more effective treatment and, ultimately, saving lives.



Black History Month

October is a month set aside to learn, honour, and celebrate the achievements of black men and

women throughout history, it has been marked in the UK for more than 30 years. It is held to highlight and celebrate the achievements and contributions of the black community in the UK.

ADHD Awareness Month

ADHD (attention-deficit/hyperactivity disorder) is a serious public health issue. The mission of *ADHD Awareness Month* is to educate the public about ADHD by disseminating reliable information based on the evidence of science and peer-reviewed research.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 The Big Draw Go Sober for October International Day of Older Persons	2 World Smile Day International Day of Non-Violence	3 National Poetry Day National Personal Safety Day
4 World Dyslexia Awareness Day Mental Illness Awareness Week	5 National Dyslexia Awareness Week National Arthritis Week World Teachers Day	6	7 Back Care Awareness Week World Cerebral Palsy Day National Arthritis Week	8	9 Baby Loss Awareness Week	10 World Sight Day World Mental Health Day National Hate Crime Awareness Week World Hospice and Palliative Care Day
11	12 National Adoption Week National Work Life Week World Arthritis Day Foster Carer Appreciation Day	13 World Thrombosis Day	14	15 Global Handwashing Day Global Wave of Light	16 World Food Day World Spine Day	17 International Day for the Eradication of Poverty

18 Anti-Slavery Day	19	20 International Stammering Awareness Day World Osteoporosis Day	21	22	23	24
25 Vijayadashami 	26	27	28	29	30	31 Halloween National Bug Busting Day

November

Movember Men's Health Awareness Month

Each year, Movember is responsible for thousands of moustaches on men's faces in the UK and around the world. The aim of Movember is to raise vital funds and awareness for men's health, specifically prostate cancer.



Lung Cancer Awareness Month

The aim of the campaign is to raise awareness to encourage people displaying the common symptoms of lung cancer, such as a persistent cough, breathlessness or unexplained weight-loss, to visit their GP. During the month, many people throughout the country and the world come together for the lung cancer community.








COPD Awareness Month

COPD, or chronic obstructive pulmonary disease, describes a group of lung conditions that make it difficult to empty air out of the lungs because your airways have been narrowed. Living with COPD it makes it difficult for you to breathe, and you might find everyday tasks a real challenge. Millions of people across the UK have COPD and don't even know it. They're struggling with their symptoms and a lower quality of life. Their condition is progressing quickly because they're not receiving treatment.

Help raise awareness!



November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Saints Day 	2 International Stress Awareness Week	3	4 Road Safety Week	5 Bonfire Night	6 National Stress Awareness Day	7
8 Remembrance Sunday	9	10	11 Armistice Day Alcohol Awareness Week	12 Anti-Bullying Week	13 World Kindness Day	14 Diwali   World Diabetes Day
15 The World Day of Remembrance for Road Traffic Victims	16	17	18	19 World Pancreatic Cancer Day World Toilet Day	20 Universal Children's Day	21 HIV Testing Week World COPD Awareness Day Carers' Rights Day
22	23 Anti-Bullying Week	24	25 White Ribbon Day	26 Thanksgiving	27	28 Ascension of 'Abdu'l-Baha 
29	30 Birthday of Guru Nanak Dev Sahib 					

December

World Aids Day

World AIDS Day takes place on the 1st December each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first ever global health day.

Over 100,000 people are living with HIV in the UK. Today, scientific advances have been made in HIV treatment, there are laws to protect people living with HIV. Despite this, each year in the UK around 6,000 people are diagnosed with HIV, people do not know the facts about how to protect themselves and others, and stigma and discrimination remain a reality for many people living with the condition.



International Day of Disabled Persons

The annual observance of the International Day of Disabled Persons was proclaimed in on 3rd December 1992, by the United Nations General Assembly resolution 47/3. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.

Building on many decades of UN's work in the field of disability, the Convention on the Rights of Persons with Disabilities, adopted in 2006, has further advanced the rights and well-being of persons with disabilities in the implementation of the 2030 Agenda for Sustainable Development and other international development frameworks.



December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 World Aids Day	2 International Day for the Abolition of Slavery	3 International Day of Disables Persons	4	5
6	7	8	9 International Anti- Corruption Day	10 International Human Rights Day	11	12 Transfiguration 
13	14	15	16	17	18 Arabic Language Day International Migrants Day	19
20 International Human Solidarity Day	21	22	23	24 Christmas Eve	25 St Stephen's Day 	26 Bank Holiday – Boxing Day
27	28	29	30	31 New Years' Eve		

If you have any events or dates that you would like to be considered for inclusion in the 2020 diversity and events calendar please contact lee.woolfe@stockport.gov.uk

Safeguarding
Adults
in Stockport

Safeguarding
 **Children**
in Stockport

Any chance World IBD day can be included on the Calendar? (There's usually something on in Manchester to raise awareness too).