










Stockport Safeguarding Adults and Children's Board Events Calendar 2019

The purpose of this Diversity and Events Calendar is to bring together key religious dates, awareness raising days, including safeguarding awareness raising days, local events (where the dates have been released) and dates that recognise or celebrate diversity. This is a useful tool to assist in ensuring that planned events don't clash with religious dates and that important awareness raising days are observed and planned for.

All awareness raising days within the calendar contain a clickable link to further information.

If you have any events or dates that you would like to be considered for inclusion in the 2019 calendar please contact Lee.Woolfe@stockport.gov.uk

Symbols used for religious dates

Baha'i -  Buddhism -  Christianity -  Hinduism -  Islam -  Judaism -  Sikhism - 

Notes

Religious dates with a * next to them are subject to change, as the dates are set locally

Religious dates with a ** next to them usually begin at sundown the day before this date.

January

Dry January

Challenges you to go alcohol free for 31 days and aims to raise awareness of the effects of alcohol. Alcohol is the UK's biggest risk factor for death, ill-health and disability for people aged 15-49.

Alcohol Concern
Promoting health;
Improving lives

31st January

Young Carers Awareness Day

Being a young carer can have a big impact on the things that are important to growing up

- It can affect a young person's health, social life and self-confidence.
- Many young carers struggle to juggle their education and caring which can cause pressure and stress.
- In a survey, 39% said that nobody in their school was aware of their caring role.
- 26% have been bullied at school because of their caring role.
- 1 in 20 miss school because of their caring role.



But young people can learn lots of useful skills by being a young carer.

4th January World

Braille Day



Braille is a tactile reading and writing system used by blind and visually impaired people who cannot access print materials. It uses raised dots to represent the letters of the print alphabet. It also includes symbols to represent punctuation, mathematics and scientific characters, music, computer notation and foreign languages.

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <ul style="list-style-type: none"> • Bank Holiday • New Year's Day 	2	3	4 World Braille Day	5 <ul style="list-style-type: none"> • Birth of Guru Gobindh Singh • Twelfth Night 
6	7 National Obesity Awareness Week	8	9	10	11	12
13	14 Pongal 	15 Maghi 	16	17	18 Week of prayer for Christian Unity 	19
20 World Religion Day 	21 Cervical Cancer Prevention Week	22	23	24	25	26 National Story Telling Week
27 Holocaust Memorial Day	28 Data Privacy Day	29 Rare Diseases Day	30	31 Young Carers Awareness Day		

February

Heart Month

Every February the British Heart foundation celebrates Heart Month, they encouraged everyone to make small changes towards a healthier lifestyle, including healthy eating, staying active, reducing alcohol intake and coping with stress.



Raynaud's Awareness Month

February is Raynaud's Awareness Month in which they aim to highlight Raynaud's and the work of the RSA by asking you to "LOVEyourGLOVES!" February is statistically the coldest month of the year and it is vital to wrap up warm and protect your extremities. Raynaud's Phenomenon is a condition thought to affect up to ten million people in the UK and it can be incredibly painful. With Raynaud's, the small blood vessels in the extremities are over-sensitive to changes in temperature, which can cause a Raynaud's attack.



LGBT History Month

The overall aim of LGBT History month is to promote equality and diversity for the benefit of the public. By:

- Increasing the visibility of lesbian, gay, bisexual and transgender ("LGBT") people, their history, lives and their experiences;
- Raising awareness and advancing education on matters affecting the LGBT community;
- Working to make educational and other institutions safe spaces for all LGBT communities; and
- Promoting the welfare of LGBT people, by ensuring that the education system recognises and enables LGBT people to achieve their full potential, so they contribute fully to society and lead fulfilled lives, thus benefiting society as a whole.



February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <ul style="list-style-type: none"> • Dignity Action Day • World Interfaith Harmony Week 	2 Candlemas 
3	4 <ul style="list-style-type: none"> • Greater Manchester Hate Crime Awareness Week • Sexual Abuse & Violence Awareness Week • World Cancer Day 	5 <ul style="list-style-type: none"> • Safer internet day • Chinese New Year 	6 International Day of Zero Tolerance for Female Genital Mutilation	7 Time to Talk Day	8	9
10	11 <ul style="list-style-type: none"> • Student Volunteering Week • International Day of Women and Girls in Science 	12	13	14 Valentines Day	15 Nirvana Day 	16
17	18 OCD Week of Action	19	20 World Day of Social Justice	21 International Mother Language Day	22 <ul style="list-style-type: none"> • World Encephalitis Day • World Thinking Day 	23
24	25 <ul style="list-style-type: none"> • Eating Disorders Awareness Week • Fairtrade Fortnight 	26 Intercalary Days	27	28		

March

Prostate Cancer Awareness Month

In the UK, about one in eight men will get prostate cancer at some point in their lives. Prostate Cancer UK is the largest men's health charity and they aim to help more men survive prostate cancer and enjoy a better quality of life, so the aim in March is to raise awareness and invite the public to join the fight against prostate cancer by fundraising, campaigning and donating.



Women's History Month

A time to reflect on progress made, to call for change and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities.

Ovarian Cancer Awareness Month

Ovarian cancer is a disease that can disrupt the normal function of the ovaries. If it's left unchecked, it can affect other parts of the body too. When a woman is diagnosed at the earliest stage, her chance of surviving ovarian cancer for five years or more doubles from just 46 per cent to more than 90 per cent.



March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <ul style="list-style-type: none"> • Self- Injury Awareness Day • St David's Day • Zero Discrimination Day 	2
3 Endometriosis Awareness Week	4 <ul style="list-style-type: none"> • National Apprenticeships Week • Maha Shivaratri  	5 Shrove Tuesday	6 <ul style="list-style-type: none"> • International Childhood Cancer Day • Ash Wednesday  	7 World Book Day	8 <ul style="list-style-type: none"> • International Women's Day • British Science Week 	9
10	11 <ul style="list-style-type: none"> • Nutrition and Hydration Week • Brain Awareness Week 	12	13 No Smoking Day	14	15 World Sleep Day	16
17 St Patrick's Day	18 National CSE Awareness Day	19	20 <ul style="list-style-type: none"> • First Day of Spring • World Oral Health Day • International Day of Happiness • Purim  	21 <ul style="list-style-type: none"> • International Day for the Elimination of Racial Discrimination • World Down Syndrome Day • World Poetry Day • Holi  	22 World Water Day	23
24 World Tuberculosis Day	25 British Summer Time Begins	26 Epilepsy Awareness Purple Day	27	28	29	30
31 Mothering Sunday						

April

Stress Awareness Month

During Stress Awareness Month, people across the country will join forces to increase public awareness about both the causes and cures for our modern stress epidemic

World Autism Month

World Autism Month is filled with autism-friendly events and educational activities to increase understanding and acceptance, and to foster worldwide support.




Bowel Cancer Awareness Month

For 26 years, Bowel Cancer UK has aimed to save lives and improve the quality of life for all those affected by bowel cancer. Bowel cancer screening saves lives but at the moment in some areas of the UK only a third of those who receive a test in the post complete it. Thousands of people are missing out on the best way to detect bowel cancer early when it is easier to treat and there is the greatest chance of survival. Screening can detect bowel cancer early before any symptoms appear, when it is easier to treat. It can also prevent bowel cancer from developing in the first place by picking up non-cancerous growths (polyps) which could become cancerous in the future.

Bowel cancer is the UK's second biggest cancer killer but it is treatable and curable especially if diagnosed early. Nearly everyone diagnosed at the earliest stage will survive bowel cancer however, this drops significantly as the disease develops. Taking part in bowel cancer screening is the best way to get diagnosed early and early diagnosis saves lives.



April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 World Autism Awareness Week	2 Laylat al Miraj 	3	4	5 Walk to Work Day	6 <ul style="list-style-type: none"> Ramayana Week  International Day of Sport for Development and Peace
7 World Health Day	8	9	10	11 World Parkinson's Day	12	13 Rama Navami 
14 <ul style="list-style-type: none"> Baisakhi  Vaisakh  	15	16	17 World Haemophilia Day	18 Shakespeare Week	19 <ul style="list-style-type: none"> Bank Holiday Good Friday  	20
21 <ul style="list-style-type: none"> Easter Lailat al Bara'ah  	22 <ul style="list-style-type: none"> MS Awareness Week Allergy Awareness Week Earth Day 	23 <ul style="list-style-type: none"> Experience of Care Week European Immunisations Week 	24	25 World Malaria Day	26 On Your Feet Britain	27
28 World Day for Health & Safety at Work	29	30				

May

Make May Purple/ Action on Stroke Month

"Make May Purple" is the Stroke Association's annual stroke awareness month, taking place every May. Individuals show their support for those who have been affected by stroke and help to raise awareness and essential funds for the Stroke Association. Join #MakeMayPurple on social media.



Action on
Stroke Month is
coming in May

Local and Community History Month

The aim of the month is to increase awareness of local history, promote history in general to the local community and encourage all members of the community to participate.





Activities happen across the UK and include trips, library exhibitions and local lectures. It is a great way for groups to highlight local history and for local people to get involved.

National Walking Month

National Walking Month encourages people to walk more throughout May. Initiatives include, Walk to Work Week and Walk to School Week.



May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Yom HaShoah 	2 World Asthma Day	3	4
5 International Day of the Midwife	6 <ul style="list-style-type: none"> • ME Awareness Week • Viral Meningitis Awareness Week • Ramadan begins  	7	8	9 Europe Day	10 World Lupus Day	11 World Fairtrade Day
12 <ul style="list-style-type: none"> • ME Awareness Day • National Children's Day • Food Allergy Awareness Week 	13 <ul style="list-style-type: none"> • Sun Allergy Awareness Week • Dying Matters Week • Mental Health Awareness Week • Foster Care Fortnight • Deaf Awareness Week • Learning and Work Week • National Vegetarian Week 	14 Arthritis Care Awareness Week	15 <ul style="list-style-type: none"> • World Meditation Day • International Day of Families 	16	17 <ul style="list-style-type: none"> • World Hypertension Day • International Day Against Homophobia, Biphobia and Transphobia 	18 <ul style="list-style-type: none"> • World Aids Vaccines Day • International Museums Day • Visakha Puja (Buddha Day)
19	20 <ul style="list-style-type: none"> • Dementia Action Week • Walk to School Week • Action for Brain Injury Awareness Week • National Epilepsy Week • Children's Hospice Week 	21 World Day for Cultural Diversity for Dialogue and Development	22 Lag Ba'Ome 	23	24	25 International Missing Children's Day
26	27	28 World Hunger Day	29 World Digestive Health Day	30 <ul style="list-style-type: none"> • World MS Day • Ascension of Jesus  	31 Laylat al Qadr 	

June

Scleroderma Awareness Month

Scleroderma is a rare, chronic disease of the immune system, blood vessels and connective tissue. 2.5 million people worldwide have scleroderma, and in the UK there are 12,000 people diagnosed. It is an autoimmune condition, meaning the immune system becomes overactive and attacks healthy tissue in the body. It is a severe condition and can be fatal. This year Scleroderma & Raynaud's UK (SRUK) are increasing awareness of Scleroderma and the need for earlier diagnosis of the condition. There are 3 indicators of scleroderma:



- Raynaud's phenomenon
- Sore swollen fingers or aching joints
- Reflux or heartburn.

SANDS Awareness Month

June is Sands Awareness Month, when we all work hard to increase awareness of stillbirth and neonatal death and the everlasting impact experienced when a precious baby dies during pregnancy, at birth or shortly afterwards. While many more people are aware of the pain of baby loss because of the work of Sands and other organisations, many people still have no idea and it remains a taboo subject.



June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 <ul style="list-style-type: none"> •Volunteers Week •International Children’s Day •Bike to School Week •Child Safety Week 	4 <ul style="list-style-type: none"> •Cancer Survivors Day •International Day of Innocent Children Victims of Aggression 	5 <ul style="list-style-type: none"> •Eid al Fitr  •World Environment Day 	6	7 <ul style="list-style-type: none"> •Tourette’s Awareness Day 	8 <ul style="list-style-type: none"> •World Oceans Day
9	10 <ul style="list-style-type: none"> •Bike Week •Men’s Health Week •Cervical Screening Awareness Week •Diabetes Awareness Week •Carers Week 	11	12	13	14 <ul style="list-style-type: none"> •World Blood Donor Day 	15 <ul style="list-style-type: none"> •World Elder Abuse Awareness Day
16 <ul style="list-style-type: none"> •Father’s Day •Guru Arjan Martyrdom  	17 <ul style="list-style-type: none"> •Festival of Learning / Adults Learners Week •Refugee Week •Learning Disability Week 	18 <ul style="list-style-type: none"> •Autistic Pride Day 	19	20 <ul style="list-style-type: none"> •World Refugee Day 	21 <ul style="list-style-type: none"> •World Humanist Day •MND Awareness Day 	22
23 <ul style="list-style-type: none"> •International Widows Day •International Women in Engineering Day 	24 <ul style="list-style-type: none"> •National School Sport Week 	25	26 <ul style="list-style-type: none"> •International Day against drug abuse and illicit trafficking •International Day in Support of Victims of Torture 	27	28	29
30						

July

School Diversity Week

1 – 5th July 2019

School Diversity Week is the national celebration of LGBT+ equality in education.



Group B Strep Support Awareness Month

July is Group B Strep Awareness Month and charity Group B Strep Support is asking everyone to raise awareness during the month, using the hashtag #GBSaware.

Group B Strep is the most common cause of life-threatening infection in newborn babies in the UK, and the most common cause of meningitis in babies under age 3 months, the number of these infections are rising. Currently:

- 2 babies a day develop group B Strep infection
- 1 baby a week dies from group B Strep infection
- 1 baby a week recovers from group B Strep infection with disability

Shockingly, between 2000 and 2014 there has been an increase of more than 50% in babies developing group B Strep infection in the UK and Republic of Ireland. And, while fewer babies have died from their group B Strep infection, more survivors have disability at discharge.



WORKING
TO **STOP**
GBS INFECTION
IN BABIES.

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <ul style="list-style-type: none"> • School Diversity Week • International Day of Co-operatives 	2	3	4	5	6
7	8	9 Martyrdom of the Bab 	10	11 World Population Day	12	13
14	15 World Youth Skills Day	16	17 World Day for International Justice	18	19	20
21 National Parks Week	22	23	24 The Big Listen – Samaritans Awareness Day	25	26	27
28 World Hepatitis Day	29	30 <ul style="list-style-type: none"> • World Friendship Day • World Day in Trafficking Persons 	31			

August



Manchester Pride – The Big Weekend

23rd August – 26th August

Manchester Pride is a registered charity that campaigns for equality and challenges discrimination; creates opportunity for engagement and participation and celebrates lesbian, gay, bisexual and transgender (LGBT) life. The charity fundraises for LGBT and HIV projects in Greater Manchester by staging a number of events throughout the year, including the award winning Manchester Pride Festival.



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 World Breastfeeding Week	2	3
4	5	6 Transfiguration 	7	8	9	10 Tisha B'Av 
11	12 • International Youth Day • Eid al-Adha 	13 International Left Handers Awareness Day	14	15 Cycle to Work Day	16	17
18	19 World Humanitarian Day	20	21	22	23 Manchester Pride Weekend	24
25	26 Bank Holiday	27	28	29	30 International Day of the Disappeared	31

September

World Alzheimer's Month

World Alzheimer's Month is the international campaign by Alzheimer's Disease International (ADI) every September to raise awareness and challenge the stigma that surrounds dementia.

2 out of every 3 people globally believe there is little or no understanding of dementia in their countries. The impact of World Alzheimer's Month is growing, but the stigmatisation and misinformation that surrounds dementia remains a global problem that requires global action.



Childhood Cancer Awareness Month

Every day at least 10 children and young people get the news they have cancer.

Each September Childhood Cancer Awareness Month helps highlight the impact of cancer on young people and their family. This, in turn, helps us to protect more and more children and improve the lives of young cancer patients through our ground breaking research.



Urology Awareness Month

It is estimated that 1 in 2 of us will be affected by a urology condition in our lifetime. Our urology health is vital to our quality of life. But diseases and cancers of the kidneys, bladder, prostate and the male reproductive system are becoming more prevalent and devastating the lives of millions of men, women and children in the UK. The Urology Foundation is spreading knowledge of urology health, breaking down the stigma associated with many of its conditions and persuading people to talk about these issues.



September

Sunday	Monday	Tuesday	Wednesda	Thursday	Friday	Saturday
1	2 Organ Donation Week	3	4	5 International Day of Charity	6 National Read a Book Day	7
8 • Migraine Awareness Week • International Literacy Day	9 • Know Your Numbers Week • Sexual Health Week • Foetal Alcohol Spectrum Disorders Awareness Day • National Dementia Carers Day	10 • Ashura  • World Suicide Prevention Day	11	12	13 • Roald Dahl Day • World Sepsis Day	14
15 • World Lymphoma Day • Pension Awareness Day	16 • National Coding Week • National Eczema Week	17	18	19	20	21 • International Day of Peace • World Alzheimer's Day • Jean for Genes Day
22	23 • National Eye Health Week • International Week of Happiness at Work • National Recycling Week	24	25	26 National Fitness Day	27 World Tourism Day	28 • World's Biggest Coffee Morning • International Day for Universal Access to Information
29	30 Rosh Hashanah 					

October

Lupus Awareness Month

Lupus Awareness Month takes place during October in the UK every year. It is an important opportunity to raise awareness of the disease amongst the public and medical profession as well as improving the understanding of the impact that lupus can have. Lupus is an autoimmune disease that can affect anyone. 90% of cases are female and it is often invisible.



Breast Cancer Awareness Month

Breast cancer is the most common cancer in the UK, one person is diagnosed every 10 minutes. 1 in 8 women in the UK will develop breast cancer in their lifetime. This Breast Cancer Awareness Month around 5,000 people will be diagnosed. Breast cancer survival is improving and has doubled in the last forty years in the UK. Almost nine in 10 women survive breast cancer for five years or more. Knowing the signs and symptoms of breast cancer can lead to diagnosing the cancer sooner. This can be crucial in providing more effective treatment and, ultimately, saving lives.



Black History Month

October is a month set aside to learn, honour, and celebrate the achievements of black men and

women throughout history, it has been marked in the UK for more than 30 years. It is held to highlight and celebrate the achievements and contributions of the black community in the UK.

ADHD Awareness Month

ADHD (attention-deficit/hyperactivity disorder) is a serious public health issue. The mission of *ADHD Awareness Month* is to educate the public about ADHD by disseminating reliable information based on the evidence of science and peer-reviewed research.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <ul style="list-style-type: none"> • National Work Life Week • The Big Draw • Go Sober for October • International Day of Older Persons • National Dyslexia Awareness Week 	2 International Day of Non-Violence	3	4 <ul style="list-style-type: none"> • World Dyslexia Awareness Day • National Poetry Day • World Smile Day 	5 <ul style="list-style-type: none"> • National Personal Safety Day • World Teachers Day
6	7 National Arthritis Week	8 Vijayadashami 	9 Yom Kippur 	10 World Mental Health Day	11 <ul style="list-style-type: none"> • World Sight Day • Foster Carer Appreciation Day • International Day of the Girl Child 	12 <ul style="list-style-type: none"> • World Arthritis Day • World Hospice and Palliative Care Day
13 <ul style="list-style-type: none"> • World Hospice and Palliative Care Day • World Thrombosis Day 	14 National Adoption Week	15 <ul style="list-style-type: none"> • Global Handwashing Day • Global Wave of Light 	16	17 International Day for the Eradication of Poverty	18 Anti-Slavery Day	19
20	21	22 International Stammering Awareness Day	23	24	25	26
27 Diwali  	28	29	30	31 Halloween		

November

November Men's Health Awareness Month

Each year, Movember is responsible for thousands of moustaches on men's faces in the UK and around the world. The aim of Movember is to raise vital funds and awareness for men's health, specifically prostate cancer.



Lung Cancer Awareness Month

The aim of the campaign is to raise awareness to encourage people displaying the common symptoms of lung cancer, such as a persistent cough, breathlessness or unexplained weight-loss, to visit their GP. During the month, many people throughout the country and the world come together for the lung cancer community.



COPD Awareness Month

COPD, or chronic obstructive pulmonary disease, describes a group of lung conditions that make it difficult to empty air out of the lungs because your airways have been narrowed. Living with COPD it makes it difficult for you to breathe, and you might find everyday tasks a real challenge. Millions of people across the UK have COPD and don't even know it. They're struggling with their symptoms and a lower quality of life. Their condition is progressing quickly because they're not receiving treatment.

Help raise awareness!



November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 All Saints Day 	2
3	4 International Stress Awareness Week	5 Bonfire Night	6 National Stress Awareness Day	7	8	9
10 Remembrance Sunday	11 <ul style="list-style-type: none"> • Sugar Awareness Week • Anti-Bullying Week • Armistice Day 	12 Birthday of Guru Nanak Dev Sahib 	13 World Kindness Day	14 World Diabetes Day	15 World Pancreatic Cancer Day	16
17	18 <ul style="list-style-type: none"> • Alcohol Awareness Week • HIV Testing Week • Road Safety Week 	19 World Toilet Day	20 <ul style="list-style-type: none"> • Transgender Day of Remembrance • Universal Children's Day 	21 World COPD Awareness Day	22	23 Thanksgiving
24	25 <ul style="list-style-type: none"> • White Ribbon Day • The World Day of Remembrance for Road Traffic Victims 	26	27	28 Ascension of 'Abdu'l-Baha 	29	30 Carers' Rights Day

December

World Aids Day

World AIDS Day takes place on the 1st December each year. It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first ever global health day.

Over 100,000 people are living with HIV in the UK. Today, scientific advances have been made in HIV treatment, there are laws to protect people living with HIV. Despite this, each year in the UK around 6,000 people are diagnosed with HIV, people do not know the facts about how to protect themselves and others, and stigma and discrimination remain a reality for many people living with the condition.



International Day of Disabled Persons

The annual observance of the International Day of Disabled Persons was proclaimed in on 3rd December 1992, by the United Nations General Assembly resolution 47/3. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.

Building on many decades of UN's work in the field of disability, the Convention on the Rights of Persons with Disabilities, adopted in 2006, has further advanced the rights and well-being of persons with disabilities in the implementation of the 2030 Agenda for Sustainable Development and other international development frameworks.



December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 World Aids Day	2 International Day for the Abolition of Slavery	3 International Day of Disabled Persons	4	5 International Volunteers Day	6	7
8	9 International Anti-Corruption Day	10 International Human Rights Day	11	12	13	14
15	16	17	18 <ul style="list-style-type: none"> • Arabic Language Day • International Migrants Day 	19	20 International Human Solidarity Day	21
22	23	24 Christmas Eve	25 <ul style="list-style-type: none"> • Bank Holiday • Christmas † 	26 <ul style="list-style-type: none"> • Bank Holiday • Boxing Day • St Stephen's Day † 	27	28
29	30	31 New Years' Eve				

If you have any events or dates that you would like to be considered for inclusion in the 2019 diversity and events calendar please contact lee.woolfe@stockport.gov.uk

Safeguarding
Adults
in Stockport

Safeguarding
 **Children**
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